

# HIMS Basic Seminar

April 13-15, 2021  
ALPA-I HQ, Valo Park  
McLean, VA

*Revised 2/17/2021 – Subject to Change*

## Monday, April 12, 2021 (All times shown are EST [UTC -5])

4:00 pm to 6:00 pm	Speaker IT familiarization – Valo IAD Conference Room
6:30 pm to 8:30 pm	HIMS Chairs' Meeting (Invitation Only) – Hotel room Salon 1 & 2

## Day 1 – Tuesday, April 13, 2021

8:00 am to 9:00 am	AA (Closed meeting) – Valo Dining Room
9:00 am to 10:00 am	<b>Breakfast</b> – Hotel - room Salon 1, 2 & 3
9:00 am to 10:00 am	<b>Registration</b> – Valo Park Main Lobby
10:00 am to 10:20 am	Welcome and Seminar Preview <i>Speakers: Capt Joe DePete, Susan Northrup, MD, FO Craig Ohmsieder, Quay Snyder, MD</i>
10:20 am to 11:00 am	HIMS Overview, New HIMS Website, Database <i>Speakers: Quay Snyder, MD, FO Craig Ohmsieder</i>
11:00 am to 11:15 am	<b>Break</b>
11:15 am to 12:00 pm	Addiction: The Disease <i>Speaker: Navjyot Bedi, MD</i>
12:00 pm to 12:15 pm	<b>Break</b>
12:15 pm to 1:00 pm	The Disease Effects and DOT Testing Trends <i>Speakers: Nicholas Lomangino, MD, Quay Snyder, MD</i>
1:00 pm to 1:15 pm	<b>Break</b>
1:15 pm to 1:30 pm	Aviation Family Fund <i>Speaker: Capt Dana Archibald</i>
1:30 pm to 2:00 pm	Identification and Self Help Recovery Programs <i>Speaker: Capt Billy Petersen</i>
2:00 pm to 3:00 pm	<b>Lunch Break</b> – Play Original HIMS Video <b>HIMS Advisory Board Meeting #1 (Invitation Only)</b> – Valo, room TBD
3:00 pm to 3:45 pm	Treatment <i>Speaker: Navjyot Bedi, MD</i>
3:45 pm to 4:00 pm	<b>Break</b>
4:00 pm to 4:45 pm	FAA Certification Standards and Stepdown Policy

	<i>Speaker: Penny Giovanetti, DO</i>
4:45 pm – 5:30 pm	FAA Staff Q&A <i>Panel: FAA Physicians TBD – Susan Northrup, MD, Penny Giovanetti, DO, Nicolas Lomangino, MD</i>
5:30 pm to 5:45 pm	<b>Break</b>
5:45 pm to 6:30 pm	Initial Psychiatry and Psychology (P&P) Evaluations <i>Speakers: Paul Sargent, MD, Dan DaSilva, Ph.D.</i>
6:30 pm to 7:00 pm	Continuing Care/COVID Challenges <i>Speakers: Barbara Woods, LCSW, ACSW</i>

## Day 2 – Wednesday, April 14, 2021

### ***Sports Team Jersey/Logo Day – wear your favorite sports team t-shirt!***

8:00 am to 9:00 am	AA (Closed meeting) – Valo Dining Room
9:00 am to 10:00 am	<b>Breakfast</b> - Hotel - Salon 1,2 &3
10:00 am to 10:45 am	Drug & Alcohol Testing Myth Busters and Strategies <i>Speakers: Quay Snyder, MD</i>
10:45 am to 11:00 am	<b>Break</b>
11:00 am to 12:00 pm	HIMS Faculty Q&A <i>Panel: Non-FAA Speakers from Day 1</i>
12:00 pm to 12:30 pm	<b>Networking Break (Foyer)</b>
12:30 pm to 2:00 pm	Professional Breakouts  <b>Group 1 - Peer Monitor/Union HIMS Chairs – Valo Dining Room &amp; Virtual Session</b> <i>Speakers: Billy Petersen, Capt Michael Galante</i> <b>Group 2 - Management HIMS Teams - Virtual Session</b> <i>Speakers: Capt Scott Monjeau, Capt Dave Retnam</i> <b>Group 3 – Neuropsychologists – Virtual Session</b> <i>Speakers: Robert Elliott, PhD, Dan DaSilva, PhD, Randy Georgemiller, MD</i> <b>Group 4 – Psychiatrists – Virtual Session</b> <i>Speakers: Paul Sargent, MD, Navjyot Bedi, MD, Charles Chesanow, DO</i> <b>Group 5 - AME's – Virtual Session</b> <i>Speakers: Robert Gordon, DO, Penny Giovanetti, DO, Nicholas Lomangino MD, Matthew Dumstorf, MD</i>
2:00 pm to 3:00 pm	<b>Lunch Break</b> – Play New HIMS Video <b>HIMS Advisory Board Meeting #2 (Invitation Only)</b> – Valo, room TBD
3:00 pm to 3:30 pm	Addiction – A Family Affliction <i>Speaker: Barbara Woods, LCSW, ACSW</i>

3:30 pm to 4:15 pm	After the SIA: Monitoring, Relapse Prevention & Detection <i>Speakers: Capt Tim Markley, Quay Snyder, MD</i>
4:15 pm to 4:45 pm	<b>Break (Foyer)</b>
4:45 pm to 5:45 pm	Pilot and Medical Professional Breakouts – 3 Options <b>Pilots, Airline Representatives &amp; Monitors – ALPA Valo Dining &amp; Virtual Session</b> Writing Monitoring Letters <i>Speakers: FO Craig Ohmsieder, Capt Mike Galante, Capt Billy Petersen</i> <b>AMEs – Virtual Session</b> HIMS Case Preparation and Monitoring <i>Speakers: Matthew Dumstorf, MD, Penny Giovanetti, DO, Nicholas Lomangino, MD, Quay Snyder, MD</i> <b>Psychiatrists/Psychologists – Virtual Session</b> HIMS/SSRI Evaluation Documentation <i>Speakers: Paul Sargent, MD, Dan DaSilva, Ph.D., Robert Elliot, Ph.D., Chris Flynn, MD</i>
5:45 pm to 6:30 pm	All Medical Professionals – SSRI Requirements <i>Speaker: Penny Giovanetti, DO</i>

### Day 3 – Thursday, April 15, 2021

8:00 am to 9:00 am	AA (Closed meeting) – Valo Dining Room
9:00 am to 10:00 am	<b>Breakfast</b> - Hotel - room Salon 1,2 &3
10:00 am to 10:45 am	Workplace Alcohol Testing: Legal Framework for DOT and Non-DOT Testing <i>Speaker: Suzanne Kalfus, Esq.</i>
10:45 am to 12:00 pm	FAA Q&A and HIMS Faculty Q&A <i>Speakers: FAA Leadership &amp; Staff Physicians</i>
12:00 pm	Critique/CME test turn-in Virtual