



## HIMS FAMILY SUPPORT VOLUNTEERS

We are a group of family members who have come together in support of our own pilots, but also to help support other families along the path of alcoholism and addiction. If you need guidance on where to begin, how to make your way through this journey, or how to build your support network, we are here for you. Each story is unique, and every path will be different, but having a friend along the way can make all the difference.

Confidentially discussing your situation with a knowledgeable person is a great way to get started. This discussion will help you clearly define the issues and available options.

We are here to help!

### FAMILY SUPPORT VOLUNTEER CONTACT:

**Kim S.**

kjo2511@yahoo.com

507-382-5447

For more  
information visit:  
[HIMSProgram.com](http://HIMSProgram.com)

