



Supporting those who support their loved ones toward recovery.

SMART Family & Friends for Aviation Families

Dedicated Meetings for aviation families navigating the challenges of a loved one's addiction.

What You Can Expect

- A supportive, confidential space designed for aviation families.
- Practical, skills-based tools rooted in SMART Recovery principles.
- Connection with others who understand aviation culture and its unique demands.
- Support for navigating a loved one's recovery while maintaining your own well-being and balance.

Who This Is For

- Spouses, partners, and family members of pilots and other aviation professionals.
- Pilots affected by a loved one's substance use or addictive behaviors.
- Those seeking a practical, skills-based approach to family support.
- Aviation families seeking a confidential, supportive community of people who understand aviation and recovery.

SMART Meeting: 9504

Join Us: 1st and 3rd Wednesdays of each month at 7:30 PM ET
5th Wednesdays: Special speaker meetings

For Our International Friends:

23:30 UTC during daylight saving time - 00:30 UTC during standard time.



Learn more at aviationfamilynetwork.org/smart-aviation-family

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